

# JANUARY

## START SEEDLINGS INDOORS

Cabbages	Celery
Broccoli	Parsley
Cauliflower	Lettuces
Kale	Beetroot
Silverbeet and rainbow chard	Fennel
Leeks	Spinach

## PLANT OUTDOORS AS SEEDLINGS OR SEEDS

Basil	Celery
Sweet corn	Parsley
Cucumbers	Lettuces
Zucchini	Beetroot
Carrots	Brussels sprouts*
Cabbages	Parsnips
Broccoli	Potatoes
Cauliflower	Swedes
Kale	Celeriac
Silverbeet and rainbow chard	Napa cabbage
Leeks	

## PLANT UNDERCOVER (GREENHOUSE, POLY TUNNEL, OR COLD-FRAME)

Basil  
Cucumbers  
Silverbeet and rainbow chard

# FEBRUARY

## START SEEDLINGS INDOORS

Cabbages	Parsley
Broccoli	Lettuces
Cauliflower	Beetroot
Kale	Swedes
Silverbeet and rainbow chard	Fennel
Leeks	Pak choi
Celery	Fennel
	Spinach

## PLANT OUTDOORS AS SEEDLINGS OR SEEDS

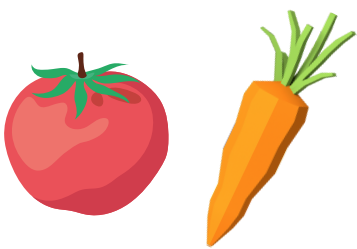
Carrots	Coriander
Coriander	Lettuces
Turnips and swedes	Beetroot
Cabbages	Mizuna
Broccoli	Pak choi
Cauliflower	Potatoes
Kale	Peas
Silverbeet and rainbow chard	Napa cabbage
Leeks	Fennel
Celery	Spinach
Parsley	

## PLANT UNDERCOVER (GREENHOUSE, POLY TUNNEL, OR COLD-FRAME)

Celery  
Silverbeet or rainbow chard  
Parsley



# VEGETABLE PLANTING GUIDE FOR THE OTWAYS



BY JODIE LAWSON OF GREEN ACRE FARM WITH A BIT OF HELP FROM NICOLA PHILP

# MARCH

## START SEEDLINGS INDOORS

Cabbages	Fennel
Broccoli	Pak choi
Cauliflower	Napa cabbage
Kale	Fennel
Silverbeet and rainbow chard	Spinach
Swedes	Lettuce

## PLANT OUTDOORS AS SEEDLINGS OR SEEDS

Cabbages	Parsley
Broccoli	Coriander
Cauliflower	Napa cabbage
Kale	Beetroot
Silverbeet and rainbow chard	Peas
Leeks	Broad beans
Celery	Fennel
Swedes	Turnips
Fennel	Spinach
Pak choi	Lettuce

## PLANT UNDERCOVER (GREENHOUSE, POLY TUNNEL, OR COLD-FRAME)

Carrots  
Beetroot  
Kale  
Celery  
Parsley  
Coriander  
Pak choi  
Spring onions  
Silverbeet or rainbow chard  
Spinach  
Lettuce

# APRIL

## START SEEDLINGS INDOORS

Broccoli  
Lettuce  
Pak choi  
Napa cabbage  
Fennel  
Spinach

## PLANT OUTDOORS AS SEEDLINGS OR SEEDS

Cabbages	Pak choi
Broccoli	Parsley
Cauliflower	Coriander
Kale	Napa cabbage
Silverbeet and rainbow chard	Garlic
Leeks	Broad beans
Swedes	Fennel
Fennel	Turnips
	Spinach
	Lettuce

## PLANT UNDERCOVER (GREENHOUSE, POLY TUNNEL, OR COLD-FRAME)

Peas	Lettuces
Carrots	Pak choi
Beetroot	Mizuna
Kale	Spring onions
Celery	Turnips
Parsley	Fennel
Coriander	Spinach

\*High degree of difficulty, and not that well suited to our climate. Needs a colder autumn/winter.

# MAY

## START SEEDLINGS INDOORS

Lettuce  
Pak choi  
Red and brown storage onions  
Broccoli

## PLANT OUTDOORS AS SEEDLINGS OR SEEDS

Broccoli  
Lettuce  
Pak choi  
Napa cabbage  
Garlic  
Broad beans  
Leeks  
Turnips

## PLANT UNDERCOVER (GREENHOUSE, POLY TUNNEL, OR COLD-FRAME)

Peas  
Lettuce  
Pak choi  
Mizuna  
Kale  
Broccoli  
Turnips  
Fennel  
Spinach  
Coriander

# JUNE

## START SEEDLINGS INDOORS

Lettuce  
Pak choi  
Red and brown storage onions

## PLANT OUTDOORS AS SEEDLINGS OR SEEDS

'Persephone period' not enough day-length for much plant growth, and too cold and wet for plants to get established. Better to wait until August/September or plant undercover.

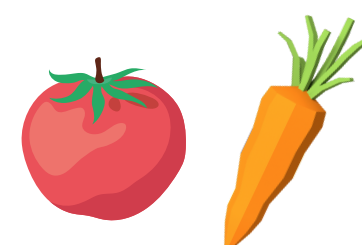
## PLANT UNDERCOVER (GREENHOUSE, POLY TUNNEL, OR COLD-FRAME)

Lettuce  
Pak choi  
Mizuna  
Broccoli  
Radishes  
Turnips



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# JULY

## START SEEDLINGS INDOORS

Lettuce  
Pak choi  
Red and brown storage onions

## PLANT OUTDOORS AS SEEDLINGS OR SEEDS

'Persephone period' not enough day-length for much plant growth, and too cold and wet for plants to get established. Better to wait until August/September or plant undercover.

## PLANT UNDERCOVER (GREENHOUSE, POLY TUNNEL, OR COLD-FRAME)

Lettuce  
Mizuna  
Radishes  
Turnips

# AUGUST

## START SEEDLINGS INDOORS

Tomatoes	Cabbages
Chillies	Red and brown storage onions
Capsicums**	Leeks
Eggplants**	Spring onions
Beetroot	Lettuces
Kale	Pak choi
Broccoli	Peas

## PLANT OUTDOORS AS SEEDLINGS OR SEEDS

Potatoes  
Broad beans  
Red and brown onions (late in the month)

## PLANT UNDERCOVER (GREENHOUSE, POLY TUNNEL, OR COLD-FRAME)

Lettuces  
Mizuna  
Kale  
Asian greens  
Radishes  
Turnips  
Carrots  
Coriander

# SEPTEMBER

## START SEEDLINGS INDOORS

Tomatoes	Spring onions
Chillies	Lettuces
Capsicums**	Pak choi
Eggplants**	Zucchini
Basil	Cucumbers
Beetroot	Celery
Kale	Leeks
Broccoli	Parsley
Cabbages	Celeriac
Red and brown storage onions	Fennel
	Spinach

## PLANT OUTDOORS AS SEEDLINGS OR SEEDS

Broad beans	Spring onions
Peas	Red and brown storage onions
Lettuce	Potatoes
Beetroot	Kale
Turnips	Radishes
Carrots	Garlic
Mizuna	Coriander
Pak choi	

## PLANT UNDERCOVER (GREENHOUSE, POLY TUNNEL, OR COLD-FRAME)

Lettuces
Mizuna
Kale
Silverbeet and rainbow chard
Pak choi
Radishes
Turnips
Beetroot
Spinach
Coriander
Parsley

# OCTOBER

## START SEEDLINGS INDOORS

Beetroot	Sweet corn
Kale	Pumpkins
Broccoli	Celery
Cabbages	Leeks
Lettuces	Parsley
Basil	Brussels sprouts*
Pak choi	Celeriac
Zucchini	Fennel
Cucumbers	Spinach

## PLANT OUTDOORS AS SEEDLINGS OR SEEDS

Tomatoes (late in the month)	Spring onions
Green beans (late in the month)	Red and brown storage onions
Broad beans	Zucchini
Peas	Celery
Lettuce	Rainbow chard
Beetroot	Kale
Turnips	Leeks
Carrots	Radishes
Potatoes	Fennel
Mizuna	Spinach
Pak choi	Coriander
	Parsley

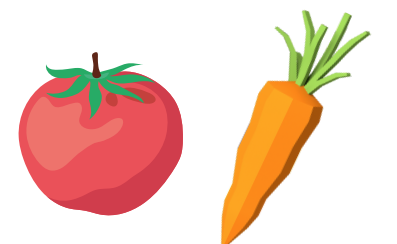
## PLANT UNDERCOVER (GREENHOUSE, POLY TUNNEL, OR COLD-FRAME)

Tomatoes	Beetroot
Chillies	Lettuces
Capsicum	Silverbeet and rainbow chard
Eggplant	Kale
Cucumbers	Pak choi
Zucchini	
Green beans	



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# NOVEMBER

## START SEEDLINGS INDOORS

	Cucumbers
Beetroot	Sweet corn
Kale	Pumpkins
Broccoli	Celery
Cabbages	Leeks
Lettuces	Basil
Asian greens	Parsley
Zucchini	Brussels sprouts*
	Celeriac

## PLANT OUTDOORS AS SEEDLINGS OR SEEDS

Tomatoes	Silverbeet and rainbow chard
Chillies	Leeks
Capsicum**	Celery
Eggplant**	Coriander
Basil	Parsley
Green beans	Lettuces
Sweet corn	Beetroot
Cucumbers	Brussels sprouts*
Zucchini	Parsnips
Carrots	Potatoes
Cabbages	Pumpkins
Broccoli	Celeriac
Cauliflower	Radishes
Kale	Fennel
Spinach	

## PLANT UNDERCOVER (GREENHOUSE, POLY TUNNEL, OR COLD-FRAME)

Tomatoes
Chillies
Capsicum
Eggplant
Basil
Cucumbers
Zucchini
Green beans

# DECEMBER

## START SEEDLINGS INDOORS

Beetroot	Cucumbers
Kale	Sweet corn
Broccoli	Pumpkins
Cabbages	Celery
Lettuces	Leeks
Asian greens	Basil
Zucchini	Parsley

## PLANT OUTDOORS AS SEEDLINGS OR SEEDS

Tomatoes	Cauliflower
Chillies	Kale
Capsicum**	Silverbeet and rainbow chard
Eggplant**	Leeks
Basil	Celery
Sweet corn	Parsley
Cucumbers	Lettuces
Zucchini	Beetroot
Green beans	Brussels sprouts*
Carrots	Parsnips
Cabbages	Potatoes
Broccoli	Pumpkins
	Celeriac
	Radishes

## PLANT UNDERCOVER (GREENHOUSE, POLY TUNNEL, OR COLD-FRAME)

Tomatoes
Chillies
Capsicum
Eggplant
Basil
Cucumbers
Zucchini
Green beans